

# **MAHONING COUNTY MENTAL HEALTH & RECOVERY BOARD**

## **Benefit Plan Handbook**



## **Mental Health and Recovery Services for Families**

222 W. Federal St.  
Youngstown, OH 44503  
330-746-2959

*Website: [www.mhrb.mahoningcountyoh.gov](http://www.mhrb.mahoningcountyoh.gov)*

# Treatment Works....People Recover

## Mission Statement

Our mission is to support and improve the quality of life for all residents of Mahoning County, by instilling hope through an accessible system of mental health and recovery services, through prevention, education, and advocacy.

## Vision Statement

To ensure excellence in mental health and recovery services and enrich the lives of all residents of Mahoning County.

## Value Statements

1. We believe treatment works...people recover.
2. We believe tax payer money should be used effectively.
3. We believe every individual and family has value and deserves to be treated with dignity.
4. We believe our partners provide comprehensive and quality services.
5. We believe that we are the voice of hope.

## Introduction

The Mahoning County Mental Health and Recovery Board (MCMHRB) oversees and pays for mental health and recovery services for local residents based upon need. The MCMHRB receives its funding from state and federal sources as well as revenue generated from levies passed by the residents of Mahoning County. The MCMHRB uses these monies to fund behavioral health and addiction programming. These health programs are available to Mahoning County residents through a network of providers. Together they provide a comprehensive continuum of services that can address most behavioral health and addiction issues. Services are available to all county residents at a cost based on an individual's ability to pay.

## **Mahoning County Mental Health and Recovery Board Benefit Plan**

The MCMHRB administers a Benefit Plan, which operates similarly to a private insurance plan. The plan uses public funded dollars to reimburse providers/agencies that have provided behavioral health and addiction services to individuals who either do not have private insurance or have demonstrated an inability to pay for such services. An individual is not required to accept specific services in order to be eligible for the benefit plan.

### **Enrollment**

Enrollment in the Benefit Plan requires that an individual be a resident of Mahoning County. Non-residents may receive services in a crisis situation.

When seeking services at an agency, you will be requested to sign an authorization statement that allows the agency to bill the MCMHRB for funds to help pay for your services. Financial assistance is offered based on residency, the specific services needed and your financial status.

Individuals are not required to enroll in the Benefit Plan; however you may be billed for services regardless of ability to pay.

### **Services**

The Provider agencies of Mahoning County offer responsive, quality behavioral health and addiction services that are culturally competent. Services that can be accessed include: Crisis Intervention, Diagnostic Assessment, Community Support, Individual Outpatient Counseling, Psychiatric Services, Group Counseling, Medication, Prevention Education, Guardianship, Payeeship, Vocational and Forensic Services.

A licensed professional will conduct a thorough assessment to determine which services you may be eligible for. Each agency has specific admission criteria, so you must contact the agency from which you would like to receive services to discuss your circumstances. Agency staff will work with you to develop a treatment plan that addresses the various issues with which you may need assistance and what services for which you may be eligible to receive. Your opportunity for a successful treatment outcome increases with your active participation in the treatment planning process.

### **Confidentiality**

The MCMHRB and service providers must comply with state and federal laws regarding confidentiality. The MCMHRB's confidentiality and Privacy Practices are described in the "Notice of Privacy Practices" given to you at the time of your assessment. The notice describes your rights regarding health information and how the MCMHRB and the agency may use or disclose your personal information. Your personal information will be kept confidential unless you or your legal guardian authorizes its release or instances when state

and federal law permits its release. For children under age 14, a parent or legal guardian must consent to services and authorize the release of any information\*.

### **Client Rights**

Each service provider will give a copy of its client rights policy and grievance procedure to every person who requests services. If at any time you feel your rights have been violated, follow in order the suggested steps below:

- Talk openly about your issue with your counselor, case manager, or other behavioral health professional. Honest communication can often resolve many problems.
- Request to speak with the professional's supervisor.
- Contact the agencies' client rights officer. This individual can assist you in rectifying the problem.
- Call the MCMHRB's Clients' Rights Officer at 330-746-2959, ext 7976
- Contact the Client Rights Officer at the Ohio Department of Mental Health and Addiction Services at 614-466-2333.

\*State law permits children 14 or older to consent to limited treatment

**For more information about the Mahoning County Mental Health and Recovery Board and the Mahoning County Network of Care please visit our website: [www.mhrb.mahoningcountyoh.gov](http://www.mhrb.mahoningcountyoh.gov)**

***HELP FOR TODAY....HOPE FOR TOMMORROW***